

Lesson: Cooking French Crepes (2nd to 4th grade – may be modified for older or younger students)

Overview Purpose: Discuss experience of trying new foods when visiting new countries or communities. Cook crepes in a group setting.

Activity Guide			
<p>Objectives Students will discuss food from different countries and participate in a group cooking activity to make French crepes.</p>	<ul style="list-style-type: none"> • Invite students to sit in a circle • Read the lesson objective with students and ask the group if they can name some different places they have traveled. Write them down on the chart paper. Are there any similarities? Can we find those places on a map? • Expand the conversation by asking about foods from different places. Discuss the foods we eat on an everyday basis that have origins in different countries; write them down on the chart paper. • Ask students to pay attention during the story and to see if they can hear the name of the special food Pinky and Tank eat while they are in another country. • Read “Pinky the Dreamer and Her Silver Jet” making sure to see if students pick up the reference to crepes. • Ask students what they think a crepe would taste like. • Move into the cooking lesson, following the recipe to mix crepe batter and the single burner to cook crepes until a stack exists with one for each student. <ul style="list-style-type: none"> ○ Emphasize the steps to the cooking process; first add flour, than eggs, etc. ○ One option is to divide students into small groups and have each group make their own crepe batter, then teacher assists while students cook 	<p>Materials Needed:</p> <ul style="list-style-type: none"> • Copy of “Pinky the Dreamer and Her Silver Jet” • Chart paper and markers • Ingredients for crepe batter • Portable stovetop burner • Crepe pan or other thin pan • Tool to spread batter in pan • Spatula • Various jams, chocolate filling, fruit, etc. • Paper plates, napkins, plastic ware 	
<p>Information Pinky is an adventurous girl who is excited about exploring different places in the world and even helping others. While we read the story think about the places you have been and the experiences you’ve had there.</p>		<ul style="list-style-type: none"> • Invite students to fill their crepes and eat. • Discuss how the crepes taste, what flavors are most appealing to the students. Is this similar to anything they have had before? • Wrap up the lesson by inviting students to reflect, using the verification questions below. <p>45-60 minutes</p>	<p>Set Up</p> <ul style="list-style-type: none"> • Copy of book ready with supplies • Blank chart paper for discussion use • Chart paper with crepe recipe • Ingredients for making crepes • Bowls for mixing • Soap for hand washing
<p>Activity Introduce the book, “Pinky the Dreamer and Her Silver Jet” by asking students to share places they’ve traveled and/or foods they have tried from different countries and record on chart paper. Use a map of the world to point out places students have been. Read the story and continue the discussion into a group cooking activity to prepare French crepes.</p>		<p>Verification Ask the following questions in a group discussion format, eliciting responses from all students</p>	<p>Other Resources</p> <ul style="list-style-type: none"> • Recipe for crepes may be found at: http://allrecipes.com/recipe/basic-crepes/detail.aspx